

And-Again

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Soccer Coaches Helping Soccer Coaches

Drill or Game Details

Control Jockeying

Minutes: 5-10 Players: 2-3 Ages: 7-99 Avg. Rating: ★★★★★ From: [Peter Corcoran](#)

Search Objectives: Dribbling, Conditioning, Defense

Objectives:
Good 1v1 game to use feints and moves to unbalance a defender

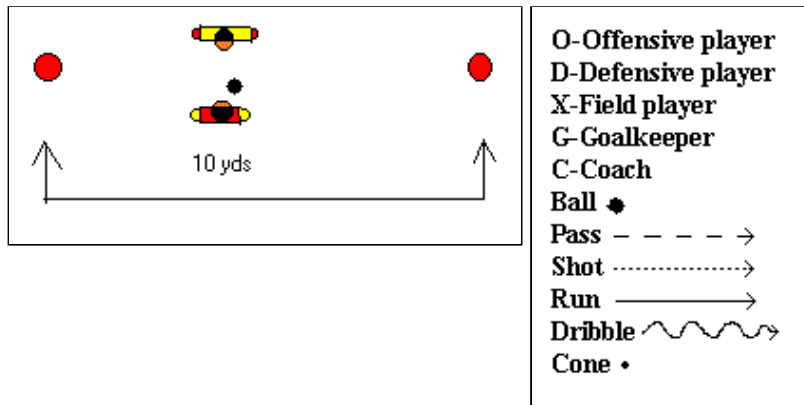
Description:
Two cones about 10 yards apart and two players facing each other, one with a ball. The player with the ball uses feints and moves to try to touch a cone with the ball (under control) before the defender can touch the cone with his foot. The defender "shadows" the player with the ball and neither player is allowed to cross the imaginary line between them. Good game to teach the player with the ball to sense when the defender is off-balanced.



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